



# UNIVERSITY OF SAN FRANCISCO

Leo T. McCarthy Center for Public Service  
and the Common Good

## The Heart, Head, and Hand: the three H's of Jesuit education

### Materials Needed:

- Copies of the *Heart, Head and Hand* activity for each student.
- Pens

### Learning Objectives:

1. Students will be able to gain a better understanding of the three component of service-learning depicted in this activity: The heart, head and hand.
2. Students will be able to apply each element from this activity to the different components of their service-learning experience.

### Overview:

1. Pass out the follow activity sheet to each student.
2. Ask the students to fill in the following question on their sheet by either discussing the sheet with a partner or by themselves.
3. Upon student completion, gather back together for discussion.
4. Begin discussion using the following questions and guide the conversation, but allow for student dialog.
5. Closing questions and comments.

### Discussion Questions:

1. Why would it not be service-learning if you only had...
  - head and hand?
  - head and heart?
  - heart and hand?

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## The Heart, Head, and Hand: A Service-Learning Equation: the 3 H's of Jesuit Education

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1.

The Head: What does the head represent? Example: Learning in the classroom, learning about bigger social issues and systems that create inequality, etc.

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The Hand: What does the hand represent? Example: Direct service at organization, skills and actions needed to create social change, etc.

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The Heart: What does the heart represent? Example: A reflections, personal growth and development, etc.

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2.

Draw a symbol of the three elements (the Head, Hand and Heart) or an action (Don't be obvious and just draw the head, hand or heart-be more creative.